

Infant and Child Mental Health

Professional Development Webinar Series

If you watch or listen to a webinar recording you can claim continuing professional development as a self-directed learning activity.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar details

Webinar title	Supporting children's mental health after trauma
Duration	75 minutes
Predisposing activity time allocation	30 minutes (includes reading case study prior to watching or listening to the recording)
Learning objectives	 Identify the impacts of trauma and adversity on the developing brain and how this might affect a child's behaviour, social and cognitive functioning Describe effective applications of preventative approaches that can reduce the likelihood of mental health and behavioural concerns developing in children at different stages of their lives Identify individual family contexts of children and parents who present to services after trauma and ways to have helpful conversations, providing ways forward and hope.
Your details	
Your name:	
Date viewed:	
Identify up to thre professional deve	e ways in which the webinar's learning objectives complement your own overall elopment goals.
1.	
2.	
3.	

Reflective exercise

What did you learn from each individual presentation?
List three ways their respective approaches were similar and/or different.
Discuss how these similarities or differences may impact on how you may collaborate with these
disciplines in your future practice.
Provide your own brief discipline specific response to how you would apply what you've learnt in this webinar to parents and children affected by trauma.

trauma
Having watched the webinar, identify up to two improvements you will make in your practice.
Traving watched the webinar, identity up to two improvements you will make in your practice.
List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).