

## CPD SELF-DIRECTED LEARNING RECORD

If you watch or listen to a webinar recording you can claim continuing professional development, as a self-directed learning activity from your college.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar title	Aboriginal children and the effects of intergenerational trauma
Duration	75 minutes
Predisposing activity time allocation	30 minutes (includes reading case study prior to watching or listening to the recording)
Learning objectives	<ul> <li>Describe the effects of intergenerational trauma on Aboriginal and Torres Strait Islander children and families</li> <li>Outline current research that underlines the importance of cultural competence in all Aboriginal and Non-Aboriginal services so that Aboriginal children and their families receive the kind of support that they need</li> <li>Discuss examples of organisational and individual practice that has built trust and collaboration within communities and led to positive outcomes for Aboriginal and Torres Strait Islander children and families</li> </ul>
Your details	
Your name:	

Webinar details

Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.

1.	
2.	
3.	

Mental Health Professionals' Network

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## **Reflective exercise**

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**Reflect on the Q&A session and answer the following questions:** What did you learn from the Q&A session?

List three ways the panelists professional perspectives were similar and/or different.

Discuss how these similarities or differences may impact on how you may collaborate with these disciplines in your future practice.

Provide your own brief-discipline specific response to topics discussed in the webinar. Identify to whom, within your current referral network, you might consider referring clients, who have similar circumstances.

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List three tips and/or strategies you will apply when working with clients presenting with similar circumstances to those discussed in this webinar.

Having watched the webinar, identify up to two improvements you will make in your practice.

List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).

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