

Infant and Child Mental Health

Professional Development Webinar Series

If you watch or listen to a webinar recording you may be able to claim continuing professional development as a self-directed learning activity from your professional college.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar details

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| Webinar title | <i>Introducing child and family practice to parents</i> |
| Duration | 75 minutes |
| Predisposing activity time allocation | 30 minutes (includes reading case study or watching or listening to the recording) |
| Learning objectives | <ul style="list-style-type: none">• outline how to make children and parents more active within professional practice and how to privilege the skills and know-how of children and parents• illustrate examples of conversations with parents and children that pave the way for relationships that are collaborative, accountable, and honouring of children's voices• discuss how practitioners' and parents' perspectives need to shift to become more child-led• illustrate examples of the skills that practitioners can use to help children become more comfortable within a professional setting. |

Your details

Your name:

Date viewed:

Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.

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| 1. | |
| 2. | |
| 3. | |

Reflective exercise

Reflect on each individual presentation and the Q&A session and answer the following questions:

What did you learn from each individual presentation?

List three ways their respective approaches were similar and/or different.

Discuss how these similarities or differences may impact on how you collaborate with these disciplines in your future practice when introducing parents to child and family practice.

Provide your own brief discipline specific response to the case study. Identify to whom, within your current referral network, you might consider referring this particular case.

List three tips and/or strategies you will apply when introducing child and family practice to parents.

Having watched the webinar, identify up to two improvements you will make in your practice.

List up to three outstanding questions you still have after the panel discussion and identify the steps you'll take to seek the answer(s).
