

**If you watch or listen to a webinar recording you can claim continuing professional development, as a self-directed learning activity from your college.**

Complete and retain this form to help keep a record of your participation in the activity.

#### Webinar details

<b>Webinar title</b>	Responding to the needs of people experiencing social anxiety disorder
<b>Duration</b>	75 minutes
<b>Predisposing activity time allocation</b>	30 minutes (includes reading case study prior to watching or listening to the recording)
<b>Learning objectives</b>	<ul style="list-style-type: none"> <li>• Identify associations, comorbidities and patterns of treatment-seeking behaviour of people experiencing social anxiety disorder.</li> <li>• Describe tips and strategies that can assist someone experiencing social anxiety disorder.</li> <li>• Demonstrate the importance of collaboration and appropriate referrals when supporting a person experiencing social anxiety disorder.</li> </ul>

#### Your details

**Your name:**

**Date viewed:**

**Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.**

<b>1.</b>	
<b>2.</b>	
<b>3.</b>	

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## Reflective exercise

**Reflect on the Q&A session and answer the following questions:**

What did you learn from the Q&A session?

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List three ways the panelists professional perspectives were similar and/or different.

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Discuss how these similarities or differences may impact on how you may collaborate with these disciplines in your future practice.

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Provide your own brief discipline-specific response to topics discussed in the webinar. Identify to whom, within your current referral network, you might consider referring clients, who have similar circumstances.

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List three tips and/or strategies you will apply when working with clients presenting with similar circumstances to those discussed in this webinar.

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Having watched the webinar, identify up to two improvements you will make in your practice.

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List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).

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