

In conversation: A GP and a social worker

PANEL BIOS

Julianne Whyte



As founder and CEO of the Amaranth Foundation (2009), Julianne has worked extensively across the rural communities of the Riverina. She graduated in nursing from St Vincents Hospital, Melbourne (1978) and completed a Bachelor of Social Work (2003) from La Trobe University, Wodonga, Victoria. Julianne is a registered member of the Australian Association of Social Work (MAASW), a member of the Clinical Division of the College of Social Work (MCSW) and is an accredited Clinical Mental Health Social Worker (AMHSW). Since 2009, Julianne and the Amaranth Foundation has received over \$2 million dollars for Commonwealth and

Philanthropic projects focussing on supporting people with advanced chronic and terminal illnesses and their families and care giver needs. She has extensive experience in community development and education with a particular passion for narrative approaches to communication and personal interaction. With the Amaranth Foundation, Julianne provides therapeutic support and counselling to individuals, couples and families for a range of mental health conditions, but specialises in grief, loss and trauma therapy.

Julianne currently holds a casual lecturing with Charles Sturt University and lectures in Grief, Loss and also Narrative approaches, and provides supervision for social work students as well as providing professional peer supervision. She was the co-chair of the education committee of Oncology Social Work Australia until 2015, is a current member of the NSW Social Work Palliative Care Practice Group, where she is driving a working group looking at competency standards for social workers in End of Life and Palliative Care for the Australian context. Julianne has established and facilitates two Commonwealth funded Mental Health Professional Networks with a focus on Grief, Loss and Trauma.

As CEO of Amaranth, Julianne provided evidence to the Senate Inquiry into Palliative Care in Australia and the model of social work that she is developing is referenced in the final report to Government. She is now working towards completing her PhD in Social Work and in the 2017 Australia Day Awards, received an Order of Australia Medal for her work advancing Palliative Care in the community.



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Dr Monica Moore



Dr Moore graduated in 1983 and undertook initial training in Cognitive Behaviour Therapy and Motivational Interviewing in 1996. As well as further training in CBT and ACT, Dr Monica Moore has completed the Advanced Certificate of IPT, Diploma of Clinical Hypnosis, Certificate of EFT, and EMDR.

Dr Moore has coordinated the Sutherland MHPN since its inception in 2009, and is a founding member of the Australian Society for Psychological Medicine.

She has been involved in training GPs and allied health clinicians since 2002, with RACGP, PDP Seminars, GP Synergy, CESPAN, Australian Society of Hypnosis, Black Dog Institute, GPCE, NSW Institute of Psychiatry, Rural Doctors Association, Sphere, and the Sutherland Division of General Practice.

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