

If you watch or listen to a webinar recording you can claim continuing professional development, as a self-directed learning activity from your college.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar details

Webinar title	Tips and strategies in using technology for mental health consultations
Duration	75 minutes
Predisposing activity time allocation	Not applicable
Learning objectives	<ul style="list-style-type: none"> • Improve awareness of the opportunities, challenges and risks in conducting mental health consultations by telephone and/or videoconferencing. • identify practical tips and strategies which support good outcomes (for the practitioner and the client) for telephone and/or videoconferencing mental health consultations. • Increase confidence in using telephone and/or videoconferencing to establish and/or maintain the therapeutic relationship with your client/s.

Your details

Your name:

Date viewed:

Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.

1.	
2.	
3.	

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Reflective exercise

Reflect on the Q&A session and answer the following questions:

What did you learn from the Q&A session?

List three ways the panellists' professional perspectives were similar and/or different.

Discuss how these similarities or differences may impact on how you may collaborate with these disciplines in your future practice.

Provide your own brief discipline-specific response to topics discussed in the webinar.

Having watched the webinar, identify up to two improvements you will make in your practice.

List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).
