

BPD Webinar Series: Towards a National BPD Training and Professional Development Strategy

If you watch or listen to a webinar recording you can claim continuing professional development as a self-directed learning activity.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar details

Webinar title	Treatment Principles for people living with borderline personality disorder
Duration	75 minutes
Predisposing activity time allocation	30 minutes (includes reading case study prior to watching or listening to the recording)
Learning objectives	<ul style="list-style-type: none">> Identify the core treatment strategies for borderline personality disorder> Describe the application of treatment principles included in the National Health and Medical Research Council Clinical practice guidelines for borderline personality disorder> Identify how to be therapeutic even when not undertaking formal psychotherapy

Your details

Your name:

Date viewed:

Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.

1.	
2.	
3.	

Reflective exercise

Reflect on each individual presentation and the Q&A session and answer the following questions:

What did you learn from each individual presentation?

List three ways their respective approaches were similar and/or different.

Discuss how these similarities or differences may impact on how you may collaborate with these disciplines in your future practice.

Provide your own brief discipline specific response to how you would apply treatment principles to a client with BPD.

List three tips and/or strategies you will apply when working with clients presenting with BPD.

Having watched the webinar, identify up to two improvements you will make in your practice.

List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).
