

## Managing methamphetamine use and mental illness



Health

### CPD SELF-DIRECTED LEARNING RECORD



**If you watch or listen to a webinar recording you can claim continuing professional development as a self-directed learning activity.**

Complete and retain this form to help keep a record of your participation in the activity.

#### Webinar details

<b>Webinar title</b>	<b>Working collaboratively to manage co-morbid mental health and methamphetamine use</b>
<b>Duration</b>	75 minutes
<b>Predisposing activity time allocation</b>	30 minutes (includes reading case study prior to watching or listening to the recording)
<b>Learning objectives</b>	<ul style="list-style-type: none"><li>&gt; Recognise clinical effects and harms related to methamphetamine use and co-morbid mental health</li><li>&gt; Increase skills and understanding of managing methamphetamine users and improve awareness of evidence based interventions</li><li>&gt; Identify strategies to engage specialist services when treating someone using methamphetamine</li></ul>

#### Your details

**Your name:**

**Date viewed:**

**Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.**

1.	
2.	
3.	

**Reflective exercise**

**Reflect on each presenter's response to the case study and answer the following questions:**

What did you learn about the disciplines represented on the panel?

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List three ways their respective approaches were similar and/or different.

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Discuss how these similarities or differences may impact on collaboration.

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Provide your own brief discipline specific response to the case study. Identify to whom, within your current referral network you might consider referring this particular case.

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List three tips and/or strategies for collaboration discussed by the panel and explore how you might apply these in your own practice.

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Identify up to two ways you might improve or increase the mix of disciplines and/or clinical expertise to whom you could make referrals?

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List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).

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