



If you watch or listen to a webinar recording you can claim continuing professional development, as a self-directed learning activity.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar details

Webinar title	Prostate Cancer – effects on mental health after surgery
Duration	75 minutes
Predisposing activity time allocation	30 minutes (includes reading case study prior to watching or listening to the recording)
Learning objectives	Identify challenges, tips and strategies for building appropriate referral pathways and implementing a collaborative response to assist men having mental health difficulties after surgery for prostate cancer
	Implement key principles of providing appropriate therapies and communication approaches to men who have had surgery for prostate cancer
	 Describe the general principles of providing a safe and supportive environment for men experiencing mental health concerns after surgery for prostate cancer
Your details	
Your name:	
Date viewed:	

Mental Health Professionals' Network

Emirates House Level 8 257 Collins Street Melbourne VIC 3000

postal PO Box 203 Flinders Lane VIC 8009

email contactus@mhpn.org.au

telephone 1800 209 031

www.mhpn.org.au

Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.

1.	
2.	
3.	

Self-directed learning record

Reflective exercise

	What did you learn from each individual presentation?	
List three wa	ys their respective approaches were similar and/or different.	
Discuss how	those similarities or differences may impact on how you may collaborate	
	these similarities or differences may impact on how you may collaborate isciplines in your future practice.	
with these di	scipilles in your facare practice.	
Provide vour	own brief discipline specific response to the case study. Identify to whom,	
	current referral network you might consider referring this particular case.	
	and the second records and the second	
	and the second control of the second control	

Mental Health Professionals' Network

telephone 1800 209 031 learning record List three tips and/or strategies you will apply when working with clients presenting with similarities to those described in the case study. Having watched the webinar, identify up to two improvements you will make in your practice. List up to three outstanding questions you may still have after the panel discussion and identify the steps you'll take to seek the answer(s).

Mental Health Professionals' Network

Self-directed

telephone 1800 209 031

Self-directed learning record



If you could benefit from building stronger relationships, improving referral pathways, sharing experiences and engaging in peer support - joining your local Mental Health Professionals' Network could be the answer.

What is an MHPN network?

A network consists of a group of practitioners who meet on a regular basis to discuss mental health issues important to their local community.

Network membership is voluntary and members often include; psychiatrists, GPs, psychologists, mental health nurses, occupational therapists, social workers, community health workers, counsellors and any other practitioner involved in delivering primary mental health

Networks can choose to focus on mental health issues generally or on an area of specific

Specific interest areas are wide-ranging, and can include mental health and eating disorders, problem gambling, young people, diabetes, heart disease, as well as a range of others.

Two options to get involved

- > Join a network in your local area. Visit www.mhpn.org.au and use the mental health network map to see what networks are available in your area. Register to receive invitations to future meetings by clicking on Register for this network and providing your details.
- > Start a new network. If MHPN's mental health network map at www.mhpn.org.au indicates there isn't already a network in your area, it could be a great opportunity to start one. Even if there is already a network in your local area, you may like to consider starting one with a specific area of interest if you feel it would be relevant to local clinicians.

If you decide to start a network, MHPN's network establishment team will work with you to:

- > access funding
- > determine interest from practitioners in your area
- > promote meetings
- > advise about arranging meeting venue and catering.

Want more information? Contact MHPN

Visit www.mhpn.org.au to register for upcoming webinars or watch more recordings.

Mental Health Professionals' Network