## MHPN WEBINARS

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WEBINAR PANEL

## Collaborating to recognise and address conduct disorder



**Dr Georgie Fleming**Psychologist, NSW

Dr Georgie Fleming is a postdoctoral research fellow in the School of Psychology at the

University of New South Wales.

She is a registered psychologist specialising in the treatment of childhood disruptive behaviour disorders, including Oppositional Defiant Disorder and Conduct Disorder. She is keenly interested in understanding the role of child callous-unemotional traits (i.e., low guilt and empathy, superficial emotions) in the development of disruptive behaviour problems.

As a certified therapist and trainer in Parent-Child Interaction Therapy, Georgie works closely with families to improve symptoms of disruptive behaviours disorders by individualising treatment to address the various risk factors involved in the development and maintenance of these clinical presentations.



**David Hong**Family Therapist (Mental Health Nurse), NSW

B. App. Nursing, Diploma of Family Therapy, Graduate Certificate of Couple Therapy, Master of Family Therapy David Hong, is a credentialed mental health nurse and practicing family and couple therapist. He has over 40 years experienced in mental health service. He is a clinical member and accredited clinical supervisor with the Australian Association of Family Therapy. He is the Founding Director of The Delta Clinic since 2010, a private "one stop therapy centre" specialising in child and adolescent mental health in Sydney.

David has over 28 years of clinical experience working with children and adolescents with serious emotional and behavioural issues, and or mental health problems, and their families. He was the senior nursing manager of Redbank House, a specialist mental health tertiary service for children and adolescents in Western Sydney. He has worked for 15 years in the catholic school system as an outreach family therapist and school counsellor.

David has a special interest working with school refusal and the school system. He was as a CNC/Family Therapist for five years in the ED at the Liverpool Hospital working with adolescents who had attempted suicide and their families.

David has had supervision with Professor Bryanne Barnett - Infant, Child and Adolescent psychiatrist, who has been the authority on attachment for the last 10 years.

Since 2005, David has ongoing advanced training and supervision under the guidance of Professor Maurizio Andolfi, Master Family Therapist and a



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trained Child Psychiatrist. He has attended the Intensive Experiential Clinical Practicum and "the use of self of the therapist" in therapy at the prestigious Accademia di Psicoterapia Familiare in Rome. In 2016, David was invited to attend the Supa-meta Praticum in Todi, Umbria, Italy with 18 family therapists from around the world.

David has launched the inaugural Graduate Diploma of Multi-generational Family Therapy Program in 2016 in conjunction with Professor Maurizio Andolfi and his Accademia. He has conducted the Certification of Family Therapy, a 6 month program in Malaysia since 2014.

Professor Dave Coghill Psychiatrist, Victoria

Dave took up post as chair of Developmental Mental Health at the University of Melbourne in

February 2016. Before this he was professor of child and adolescent psychiatry at the University of Dundee.

His work has focused on developing a better understanding of the pathophysiology of ADHD, conduct disorder and depression using a range of approaches including neuropsychopharmacology, neuroimaging and genetics, and developing and adapting our approaches to treatment through pharmacogenomics, clinical trials, pharmacoepidemiology and patient reported outcomes.

Dave has maintained a strong clinical presence and has worked hard to develop clinical pathways that facilitate the rapid transfer of research evidence into routine clinical practice.

In addition to his academic role, he is part of the neurodevelopmental disorders team at The Royal Children's Hospital, Melbourne.

**Dr Andrew Leech**General Practitioner, WA

Andrew completed his fellowship in General Practice in 2013 followed closely by the Child

Health diploma a year later.

His interests alongside this have always been paediatrics and he now sees a wide variety of the general run-of-the-mill kids' health problems mixed with more complex chronic health or mental health problems that a child might present with. This has sometimes thrown up challenges but at the same time been hugely rewarding.

He enjoys being able to work with families and community health providers to support children towards better health outcomes. Andrew teaches medical students at both Notre Dame and Curtin Universities. He is involved in the personal and professional development domain which involves debriefing with students on their progress and mentoring them through medical school. He also works with a group called 'doctors for doctors', a subsidiary of the AMA which encourages doctors to seek out a health professional of their own.

In 2018, Andrew enjoyed helping the Emerging Minds program, working with like-minded GP's to develop new ways to screen and prevent anxiety in children. He has also been passionate about reducing the fears of children coming into the medical setting by creating the 'teddy hospital' for his GP clinic which has become a very successful program and continues to grow. Finally, Andrew has teamed up with 'Parent TV', a new online resource for parents, who can login to see videos and resources regarding common health and mental health topics.



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**Facilitator: Professor Steve Trumble**General Practitioner, Victoria

Professor Steve Trumble is a general practitioner and head of Medical Education at Melbourne Medical School.

He has held a variety of roles in GP education, including directing the RACGP training program and editing Australian Family Physician.

After working in metropolitan and rural general practice and establishing a service for people with developmental disabilities at Monash Medical Centre, his current clinical work is limited to GP locums in remote areas of the Northern Territory.

