

MHPN Webinar: Working Together to Support the Mental Health of People who have Experienced Family Violence



List of Supporting Resources

Books / Journal Articles

Stark, E. (2007). *Coercive Control: How Men Entrap Women in Personal Life*. New York: Oxford University Press.

Bancroft, L. (2003). *Why Does He Do That?: Inside the Minds of Angry and Controlling Men*. Berkley Books, New York.

Laing L & Humphreys C with Kavanagh K (2013) *Social Work & Domestic Violence: Developing Critical & Reflective Practice*, Sage Publications, London

Herman, J (1992) *Trauma & Recovery: From Domestic Abuse to Political Terror*, Pandora, London

Abuse and violence: Working with our patients in general practice (the White book) 4th Edition available now on RACGP website: <http://www.racgp.org.au/whitebook/>

The Duluth Power and Control Wheel: <http://www.theduluthmodel.org/training/wheels.html>

Support Services

1800 RESPECT's Support for Workers & Professionals:

<https://www.1800respect.org.au/workers/>

ANROWS (Australia's National Research Organisation for Women's Safety)

<http://www.anrows.org.au/>

Gendered Violence Research Network: <https://www.arts.unsw.edu.au/research/research-networks/gendered-violence-research-network/>

Adults Surviving Child Abuse Professional support Line 1300 657 300

<http://www.asca.org.au/guidelines>

Mobile Apps

iMatter

The iMatter app has been developed to help young people understand the warning signs of abusive and controlling behaviour in relationships as well as promote healthy self-esteem. The aim is to build resilience, to educate about disrespect and intimate partner violence and to promote conversations among young people about healthy relationship behaviour. Users can share content, save content to their phone and learn how to recognise and address controlling/abusive behaviour and gender inequality, as well as support others who are experiencing violence.

Download the iMatter App on [Google Play](#) or [iTunes](#)

Link to the iMatter Facebook Page – <https://www.facebook.com/imatterdoncare>

LiveFree:

What is Domestic Violence? Are you safe at home? Want to rate your relationship? Are you concerned about a friend or relative? Where can you get help? LiveFree is designed to increase your understanding of domestic violence and provide information about warning signs and links to services. The LiveFree App is currently on iPhones only and will become available on androids in about 8 weeks time.

Download the LiveFree App on [iTunes](#)

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