



Project Air Strategy for Personality Disorders website

<http://www.projectairstrategy.org/index.html>

- Treatment guides
- Tips for clinicians, families
- Helpful handouts for patients
- Videos on communication (“Staying connected”)
- What is Narcissistic Personality Disorder? factsheet

<http://www.projectairstrategy.org/content/groups/public/@web/@ihmri/documents/doc/uow240132.pdf>

Publications

Behary, W. (2013). *Disarming the narcissist*. New York: New Harbinger Publications

Campbell, W.K. & Miller, J.D. (2011). *The handbook of narcissism and narcissistic personality disorder: Theoretical approaches, empirical findings, and treatments*. New York: Wiley.

Carter, L. (2005). *Enough about you, let's talk about me*. San Francisco: Jossey-Bass

Fonagy, P., Gergely, G., Jurist, E.L. & Target, M. (2005). *Affect Regulation, Mentalization, and the Development of the Self*. London: Other Press.

McWilliams, N. (2011). Narcissistic personalities. In N McWilliams (Ed.), *Psychoanalytic Diagnosis* (pp. 176-195), 2nd Ed. New York: Guilford

Ogrodniczuk J.S. (Ed.) (2013). *Understanding and treating pathological narcissism*. Washington, DC: American Psychological Association.

Ronningstam, E. (2013). A brief overview of identifying, diagnosing and treating Narcissistic Personality Disorder. Available for download from:

<http://www.borderlinepersonalitydisorder.com/wp-content/uploads/2013/11/NPD-Basic-Second-Edition-In-Print-03-2016.pdf>

Rosenfeld, H. (1987). *Impasse and Interpretation*. London: Tavistock Publications

