

WEBINAR
PANEL

Collaborating to recognise and address depression in cannabis users



Dr Shalini Arunogiri

Psychiatrist, Victoria

*MBBS (Hons) PhD FRANZCP Cert
Addiction Psychiatry MPsychiatry
MSc (Addiction Studies)*

Dr Shalini Arunogiri is Deputy Clinical Director at Turning Point (Eastern Health), a consultant addiction psychiatrist, Senior Lecturer at Monash University and Chair of the RANZCP Faculty of Addiction Psychiatry.

Shalini has clinical and research expertise in understanding and managing co-occurring mental health and substance use problems. Her research interests include methamphetamine use disorder and related mental health co-morbidity, women's health and addictive disorders.

Shalini is a passionate advocate for women's equity in medicine and academia, active on social media (@SArunogiri) and a proud mother of a 3 year-old boy.



Dr Paul Grinzi

General Practitioner, Victoria

Dr Paul Grinzi is general practitioner who has worked in the rural setting of Romsey, Central Victoria for over a decade.

As part of his clinical workload, Paul has incorporated his interest in addiction medicine into his general practice, including working with patients with gambling-related problems.

The large overlap between addiction and other mental health problems led Paul to develop skills in assessing and managing patients with complex mental health presentations. Paul is part of the Royal Australian College of General Practitioners' (RACGP) Special Interest Addiction Network, and chair of the RACGP Victorian Drug and Alcohol committee.

In addition to his clinical and advocacy work, Paul works as a medical educator for Murray, City Country Coast - a GP regional training organisation, local Primary Health Networks and the RACGP, where he utilises his experience to focus on educating fellow GPs on addiction topics.



Ms Monica Lord

Mental Health Social Worker,
Queensland

Monica Lord is the founder of Flourish Therapy & Consulting and a passionate, enthusiastic Accredited Mental Health Social Worker and therapist.

Monica has spent almost a decade working in a diverse range of fields including mental health, primary health care, drug and alcohol, disability and mental health system reform.

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Monica is now chasing her passion—working in private practice and providing therapy to children, young people, women and families. Monica is experienced in working with a wide range of mental health and psychosocial difficulties, and has a particular interest in adolescent mental health, perinatal women's support, drug and alcohol interventions, and supporting complex presentations. Monica also provides supervision and mentoring to other Social Workers and Social Work students.

Monica is experienced in delivering training to clinical and non-clinical workers and is passionate about promoting best practice principles in mental health care.



Ms Lee Brient

Psychologist, Tas

Lee Brient is a generally registered psychologist and member of the Australian

Psychological Society (APS). Lee has over 8 years clinical experience and lives in Tasmania. Lee gained her qualifications working at a Tasmanian alcohol and drug service for 4.5 years, and has since worked with veterans and their families.

Lee enjoys the increased focus on the effects of trauma and its treatment in her current work role, and is glad to be developing her EMDR therapist skills. Lee provides individual, couples and family counselling to her clients, as well as facilitating group programs and coordinating clinical feedback to the organisation's contracted providers.

Lee has completed two thirds of a Masters of Addictive Behaviours (Turning Point/Monash), and expects to attain this qualification in 2020. Other attainments include being secretary of the APS Psychology and Substance Use Committee, and

authoring an AOD article for the APS's InPsych publication.

When not at work Lee enjoys singing/musical theatre performance, and her roles of mother and grandmother to several adored furbabies.



Facilitator: Professor Steve Trumble

General Practitioner, Vic

Professor Steve Trumble is a general practitioner and head of Medical Education at Melbourne Medical School.

He has held a variety of roles in GP education, including directing the RACGP training program and editing Australian Family Physician.

After working in metropolitan and rural general practice and establishing a service for people with developmental disabilities at Monash Medical Centre, his current clinical work is limited to GP locums in remote areas of the Northern Territory.