

Working Together to Manage Methamphetamine Use and Mental Health Issues

Webinar date and time: Wednesday, 25th November 2015, 7:15 – 8:30pm AEDT

Webinar panellists

Ms Vita Berghout (SA-based social worker)

Vita Berghout is a Co-morbidity Specialist providing a consultancy service and professional staff development and training across Eastern Mental Health Services in South Australia. She has completed both the Social Science and Social Work degrees, completing the Graduate Diploma in Addiction & Mental Health at the University of Adelaide in 2010. After receipt of several academic awards, she joined the Golden Key International Honour Society – University of South Australia Chapter in 2004, the University of Adelaide Chapter in 2013, and became a member of the Australasian Professional Society on Alcohol and Other Drugs in 2015.



Vita began specialising in homelessness, drugs & alcohol and mental health in 2005, running a pilot co-morbidity project out of inner-city homeless services and Kuitpo, a Rehabilitation Unit situated in the Adelaide Hills. She has subsequently spent the past 10 years serving at the coal face within mental health services, with secondments to Street to Home and the Exceptional Needs Unit.

She has been a guest lecturer on the topics of mental health & drugs & alcohol with the Law Society of South Australia and The University of Adelaide Law School, sat on the Acute Unit Matters executive committee and the Youth Mental Health Service Implementation Group as the Co-morbidity Representative, and in 2012 was a panel member for the Risk Assessment & Management Symposium run by the University of South Australia and Department of Health.

She was a guest presenter at the 2013 “Perspectives on Mental Health and Addiction: Seeing ‘recovery’ through a different lens” conference, and more recently has been working together with the South Australian Network of Drug & Alcohol Services to provide Co-morbidity training workshops. She is currently also a member of the Triple Diagnosis group.

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Associate Professor Adrian Dunlop (NSW-based addictions medicine specialists)

2014 Winner of the Clinician Award for The Australasian Professional Society on Alcohol & other Drugs (APSAD Awards) for Excellence in Science Research and Practice, Associate Professor Adrian Dunlop is a rare example of an individual with both medical and academic (doctorate) degrees. He has been instrumental in Australian drug policy for over two decades, holding leadership roles in both clinical and professional roles.



Some particularly pertinent highlights of his career include:

- Chief Addiction Medicine Specialist, Mental Health and Drug & Alcohol Office (MHDAO), NSW Ministry of Health (holding responsibility for AoD policy at the state level)
- Receiving the 2010 Clinical Leader of the Year award for the HNE District Staff Achievement Awards for medical leadership, and commitment to patients from disadvantaged groups and for supporting his service to maximise a 'client centred' focus
- Development of national clinical guidelines for opioid dependence and in particular multiple guidelines relating to the use of pharmacotherapies during pregnancy
- Receipt of a prestigious Churchill Fellowship to conduct research internationally in relation to addiction and pregnancy treatments
- Leadership roles in The Australasian Professional Society on Alcohol & other Drugs, and the Australian Chapter of Addiction Medicine.

He has provided inspirational leadership to a generation of clinicians, clinical staff and researchers, and contributed significantly to the wellbeing of countless numbers of individuals affected by substance use.

Associate Professor Nicole Lee (Vic-based psychologist)

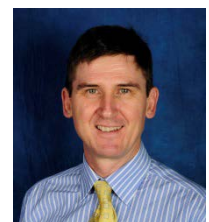
Associate Professor Nicole Lee is a practicing psychologist with 25 years' experience in AOD and mental health treatment, research and training. She is one of Australia's leading experts in methamphetamine treatment. She established the Access Point Stimulant Treatment Centre in Melbourne and developed Australia's gold standard psychological CBT and MI therapy for methamphetamine use.



Nicole is Associate Professor at NCETA, Adjunct Associate Professor at NDRI and National President of the Australian Association for Cognitive and Behaviour Therapy.

Dr John Reilly (Qld-based psychiatrist)

Dr Reilly is Medical Director, Mental Health Service Group (MHSG), Townsville Hospital and Health Service and has links with James Cook University Medical School Department of Psychiatry. He chairs the RANZCP Education Committee's Subcommittee for Advanced Training in Addictions and the Faculty of Addiction Psychiatry's Queensland Branch Committee.



Dr Reilly has worked as a general adult psychiatrist since 1992 in inpatient, (both acute and rehabilitation) and community settings including across acute care, intensive and standard case management, homelessness, alcohol and other drug and forensic teams.

He has particular interests in substance use disorders and their comorbidity with other mental health disorders, early psychosis, borderline personality disorder and rural and remote mental health service delivery.

Dr Reilly has been a Clinical Director and a manager of mental health services in Victoria and Queensland since 1997 and had a focus on clinical governance, including critical incident management, and quality improvement processes, including clinical documentation and handover.

Webinar facilitator

Dr Michael Murray (general practitioner and medical educator)

Dr Michael Murray is a Townsville based GP at Belgian Gardens currently providing GP care. He is a Medical Educator with Tropical Medical Training: General Practice Specialists. He has also worked at headspace, Townsville.



Michael has worked for over 30 years as a GP in both rural and metropolitan practice and in indigenous health; his clinical expertise is in psychological medicine.

As one of the Mental Health Professionals Network's (MHPN) key webinar facilitators, Dr Michael Murray knows as well as anyone the power of integrated communication. And as a career-long regional and rural doctor, he is profoundly aware of the isolation and restrictions to learning that GPs in the far corners of Australia endure.

He examined the prospects for online learning, especially in regional, rural and remote settings in an interview in August 2012: [Online education reduces isolation, lifts clinical learning](#)