



Working together to support people who self-harm

Monday, 20th June 2016, 7:15 - 8:30pm AEST

Webinar panellists

Dr Tim Fitzgerald (Vic-based GP)



Tim has worked in the small rural town of Terang in Victoria as a GP for the past 25 years. Tim has a strong commitment to training that involves supervising fully qualified doctors (registrars) and medical students, which he has been doing for the past 20 years. Tim has a Masters of Family Medicine and practices obstetrics and anaesthetics. Tim's philosophy of practice is to provide comprehensive, current, accepted, available, safe and competent primary medical care to the families and people of the town and district. The success of his clinic is built on the foundations of compassion, respect and

excellence. As a highly experienced family GP working in a rural community, Tim understands the unique challenges of providing primary care in this environment.

Ms Sally Young (Qld-based Social Worker)



Ms Sally Young is a Principal Social Worker at Mater Child and Youth Mental Health and works as a psychotherapist in private practice. She has done postgraduate training at the Tavistock Clinic, London and completed the BCPS Child Psychotherapy Course. She is the President of the Queensland Psychoanalytic Psychotherapy Association.

Professor Philip Hazell (NSW-based Psychiatrist)



Professor Philip Hazell is Conjoint Professor of Child and Adolescent Psychiatry with the Sydney Medical School. He is in addition Director of Child and Adolescent Mental Health Services for the Sydney Local Health District and Director of the Rivendell Child, Adolescent and Family Mental Health Service.

Philip completed his undergraduate medical training with the University of Otago in 1980 and trained in general psychiatry and child psychiatry in

Adelaide, South Australia from 1983 to 1989. From 1989 to 1998 Philip was Lecturer/Senior Lecturer in Psychiatry with the University of Newcastle, and then until 2006 he was Clinical Director of the Child and Youth Mental Health Service, Hunter New England Mental Health Service.

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Associate Professor Rachel Rossiter (NSW-based Nurse Practitioner)



Rachel began her nursing career as a generalist in 1971 before working in primary health care in Madagascar and the Solomon Islands. Upon returning to Australia, she has gained extensive experience working in clinical, teaching and research settings in public health, general practice and mental health settings in urban and rural areas of NSW. Advanced practice roles in primary health care, psychotherapy (Dialectical Behaviour Therapy) and community mental

health provide the foundation for her work as an educator and researcher. Last year she spent six months as an invited academic at the University of Sharjah in the United Arab Emirates.

Rachel is a fellow of the Australian College of Mental Health Nurses and a peer reviewer for the Mental Health Nurse Credentialing program. Her research experience includes qualitative research projects focusing on improving services provided to people with borderline personality disorder. As Associate Professor of Nursing (Nurse Practitioner), Rachel's academic focus is on preparing postgraduate students to step up to advanced practice roles with well-developed problem clinical reasoning skills and the clinical capabilities essential to function safely in a rapidly changing healthcare environment.

Webinar facilitator Dr Konrad Kangru (Qld-based GP)



Dr Konrad Kangru gained his MBBS from University of Queensland in 2000, has been in private Rural General Practice in the Whitsundays region of Queensland since 2005, where he has been a GP Supervisor and Medical Educator since 2009. He has remained a very active advocate for improving the support of rural doctors, especially through the Rural Doctors Association of Queensland, having convened their 2011 and 2015 conferences. Dr Kangru has also undertaken and presented his research on the Self-Care of rural doctors, and has special interests in Medical Education and Diabetes management,

particularly in up-skilling colleagues about this important condition.

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