

Working collaboratively to manage comorbid mental health and methamphetamine use

Associate Professor Adrian Dunlop (Addiction Medicine Specialist)

2014 Winner of the Clinician Award for The Australasian Professional Society on Alcohol & other Drugs (APSAD Awards) for Excellence in Science Research and Practice. Associate Professor Adrian Dunlop is a rare example of an individual with both medical and academic (doctorate) degrees. He has been instrumental in Australian drug policy for over two decades, holding leadership roles in both clinical and professional roles.



Some highlights of his career, particularly pertinent for this award include:

- Chief Addiction Medicine Specialist, Mental Health and Drug & Alcohol Office (MHDAO), NSW Ministry of Health (holding responsibility for AoD policy at the state level).
- Receiving the 2010 Clinical Leader of the Year award for the HNE District Staff Achievement Awards for medical leadership, and commitment to patients from disadvantaged groups and for supporting his service to maximise a 'client centred' focus.
- Development of national clinical guidelines for opioid dependence and in particular multiple guidelines relating to the use of pharmacotherapies during pregnancy.
- Receipt of a prestigious Churchill Fellowship to conduct research internationally in relation to addiction and pregnancy treatments.
- Leadership roles in APSAD, and the Australian Chapter of Addiction Medicine.

He has provided inspirational leadership to a generation of clinicians, clinical staff and researchers and contributed significantly to the wellbeing of countless numbers of individuals affected by substance use.

Dr Hester Wilson (General Practitioner)

A Fellow of the Royal Australian College of General Practitioners, Hester is also a Fellow of the Chapter of Addiction Medicine in the RACP. She completed her Masters in Mental Health in 2013 and has worked in primary health care settings for the last 25 years. She currently works at the Langton Centre as a Staff Specialist in Addiction and in general practice in Newtown, Sydney. Hester is the chair of the NSW branch of the RACGP GPSI in addiction. She has a particular interest in drug and alcohol issues in the primary care setting. She has facilitated training for doctors and other health care workers since 2001.



Professor Amanda Baker (Clinical Psychologist)

Amanda Baker is a National Health and Medical Research Council (NHMRC) Senior Research Fellow employed as a Professor in the School of Medicine and Public Health at the University of Newcastle, NSW. Her research has been supported by NHMRC fellowships continuously since 2003. Funded in 2012 by the NHMRC, Amanda is Co-Director of a Centre of Research Excellence (CRE) in Mental Health and Substance Use, which aims to build much needed research capacity in this area. This CRE represents a world first, bringing together the largest concentration of nationally and internationally recognised comorbidity researchers. Professor Baker has worked as a clinical psychologist in both mental health and substance abuse treatment settings in Australia and the UK.



Dr Grant Sara (Psychiatrist)

Dr Grant Sara is a psychiatrist with an interest in mental health and substance comorbidity. He has a clinical role treating young people with early psychosis.

He also oversees data development and analysis for NSW mental health and drug and alcohol services. In that role he has conducted several epidemiological studies examining the impacts of amphetamines and other stimulants on people with psychotic disorders. Dr Sara is the Director of InforMH, NSW Ministry of Health and Clinical Senior Lecturer, University of Sydney.



Webinar facilitator

Dr Catherine Boland (Psychologist)

Dr. Catherine Boland is a Clinical Psychologist with expertise in working with children, young people and parents who are experiencing relationship issues and are in situations of family conflict and separation. She is an experienced therapist offering services to families in Court proceedings where children are involved. Catherine holds a Doctorate in Clinical Psychology, a Master of Clinical Psychology (Hons), a Bachelor of Psychology (Clinical, Hons) and a Bachelor of Education. Catherine is a full member of the Australia Psychological Association (APS), the Australian Association for Cognitive Behavioural Therapy (AACBT) and the Association for Contextual Behavioural Science (ACBS).



She has worked in a range of sectors as a clinical psychologist such as hospitals, educational and community settings, prior to working exclusively in private practice as Principal of The Relationspace. Catherine has authored a number of papers in the field of clinical psychology, provides commentary in media and speaks at conferences on child development, parenting and clinical intervention in high conflict families.