

Co-ordinating mental health care for people experiencing suicide bereavement

Ms Jacinta Hawgood

BSSc, BPsy(Hons), MCPsy, MAPS, MCCLP

Jacinta has worked at AISRAP since 2000, originally as a senior researcher and today as senior lecturer, post graduate program advisor, and course convenor in the Graduate Certificate in Suicide Prevention and Masters of Suicidology Programs. Jacinta has developed, delivered and evaluated suicide prevention training and education since 2000.



Her specialist clinical and research interests are on the impacts of suicide on the worker, and in suicide risk assessment processes. She is the lead author of Screening Tool for Assessing Risk of Suicide (STARS) protocol, which offers a renewed and client-centred approach to suicide risk assessment.

Jacinta has provided expert advice and guidance on suicide risk assessment to the Queensland Government, Queensland Centre for Mental Health Learning, Office of the Chief Psychiatrist, Mental Health Alcohol and Other Drugs Branch (Qld), Queensland Corrective Services and numerous non-government organisations throughout Australia.

Jacinta has worked on numerous collaborative research and independent consultancy projects and consultancies for Wesley Mission (LifeForce), SANE Australia, Department of Veteran Affairs, Mates in Construction, Suicide Prevention Australia, Roses in the Ocean, Australian Psychological Society, Queensland Corrective Services, and Commonwealth Department of Health.

She is a member on several national and international government and non-government advisory boards regarding suicide prevention, and has a reviewing role for peer-reviewed journals in this domain. She has presented research

findings at a range of state, national and international conferences, has co-authored and edited a book, book chapters, and several peer-reviewed articles and government reports in the field.

Dr Graham Fleming

General practitioner

Graham is a rural general practitioner, who has completed a doctorate in community psychiatry and works in Tumby Bay in South Australia. Graham was named a member of the Order of Australia in 2014 for his significant service to medicine in rural South Australia, and as an advocate in the field of mental health and suicide prevention. He commenced his interest in combatting local suicide issues in 1986 after a spate of suicides in his region prompted him to increase his work in the mental health field. In 1993, Graham extended this work into a community wide mental health and suicide prevention program with a strong emphasis of child and adolescent mental health. Graham finds great pride in helping people get through their personal issues.



Dr Siva Bala

Psychiatrist

Siva currently lives in Cairns and is the Clinical Director of The Cairns Clinic at Cairns Private Hospital. Dr Bala has published papers in the area of suicide and suicide risk assessment and has an adjunct appointment as Associate Professor with the University of Western Australia. Dr. Bala is focused on providing holistic and patient-centred care, moving beyond diagnosis and medication prescription. He is a keen advocate for collaborating with other practitioners and care providers including family members.



Dr Jane Mowll

Social worker

Dr Mowll holds a Bachelor's Degree in Social Work and a PhD in Social Work. She is an accredited mental health social worker and a member of the Australian College of Social Work (Clinical Division). Jane has over 18 years experience as a social worker and counsellor in government and private



settings. As a senior social worker at the Department of Forensic Medicine, she worked with colleagues to develop a comprehensive program focussed on support after suicide, including a support after suicide group which she co facilitated for over 16 years. In her capacity as a counsellor, she continues to provide support and counselling for people bereaved by suicide. Jane completed her PhD at the University of NSW in 2011 in the experience of viewing or not viewing the body of a relative after suicide and other sudden death. Jane is currently leading a team of researchers undertaking a study exploring grief for relatives bereaved after either palliative care or coronial death.

Facilitator: Dr Lyn O'Grady

Community Psychologist

Dr Lyn O'Grady is a Community Psychologist with a range of professional experience in the community, education and health sectors. She is a registered supervisor of Psychology Interns. Her most recent work has related particularly to the mental health and wellbeing of children, young people and families. This interest has extended in recent times to understanding suicidality and she is in her final year of the Master of Suicidology at Griffith University.



She has worked with parents in parenting programs, individually at the community level and in schools for over 20 years and managed a number of community-based projects. Lyn also worked as a school psychologist in the Western Metropolitan Region of Melbourne. At a more systemic level, she currently works as a National Project Manager at the Australian Psychological Society.