

Caring for young people with gender dysphoria

Wednesday 9 November 2016, 7:15 – 8:30pm AEDT

Associate Professor Darren Russell (General practitioner and sexual health physician)

Associate Professor Darren Russell is a sexual health physician and the Director of Sexual Health at Cairns Hospital. He holds the positions of Clinical Associate Professor in the Department of Population Health at The University of Melbourne and Adjunct Associate Professor in the School of Medicine and Dentistry at James Cook University. He is the Chair of the HIV Foundation Queensland and a past-President of the Australasian Chapter of Sexual Health Medicine of the Royal Australasian College of Physicians, the Victorian AIDS Council, and the Australian Federation of AIDS Organisations. He has an interest in Transgender health, Indigenous health, and the elimination of HIV and hepatitis C infections.



Associate Professor Michelle Telfer MBBS (Hons.) FRACP (Paediatrician)

Associate Professor Michelle Telfer is a paediatrician and the Head of Department of Adolescent Medicine at The Royal Children's Hospital (RCH) Melbourne. She is also the Director of the RCH Gender Service, and has driven the expansion of the service, with rising demand for trans-medicine in children and adolescents over the past four years.



In 2015, The RCH Gender Service was awarded the Minister for Mental Health's Award for excellence in consumer leadership and advocacy at the Victorian Public Healthcare Awards. In addition to improving medical and mental health services for the transgender population, Michelle is currently advocating for legal change to allow transgender young people to access hormone treatment without the need for approval by the Family Court of Australia. Prior to studying medicine at the University of Western Australia Michelle was a gymnast with the Western Australian Institute of Sport. As a 16 year old she won silver and bronze medals at the 1990 Commonwealth Games in Auckland and was a member of the 1992 Olympic Gymnastics Team in Barcelona.

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Dr Elizabeth Anne Riley PhD, MACouns, BSc (Counsellor)

Dr Elizabeth Anne Riley is a Sydney-based counsellor, academic & clinical supervisor, and she specialises in gender diversity. Elizabeth has extensive experience working with clients' gender concerns and has a PhD titled "*The needs of gender variant children and their parents*". Elizabeth provides support and counselling for children and adolescents with differences in gender identity and/or expression and their parents, trans youth, couples where a partner is transitioning and those seeking support for gender-related surgery. Elizabeth also delivers professional development in gender diversity for schools, clinicians and other service providers.



Elizabeth is an advocate for the trans community and appears on stage for Mardis Gras interviewing transgender individuals. This has included Chaz Bono, Calpurnia Addams, Andrea James and Catherine MacGregor. Elizabeth's media presence includes Insight, 60 Minutes, A Current Affair, The Project, ABC's 7.30 and radio on ABC Radio National, JJJ and 2UE.

Elizabeth is currently the Chair of Ethics for the Psychotherapy & Counselling Federation of Australia (PACFA).

Elizabeth is also a professional clinical member of PACFA, the World Professional Association for Transgender Health (WPATH) and a founding member of the Australian & New Zealand Professional Association for Transgender Health (ANZPATH).

Associate Professor Campbell Paul (Psychiatrist)

Associate Prof Campbell Paul is a consultant child and adolescent psychiatrist who has been at the Royal Children's Hospital (RCH) Melbourne for many years in psychiatry and infant mental health. Over the last 15 years, he has worked with many children and young people experiencing gender dysphoria, and their families, and he was involved in the establishment of the original RCH Gender Service



Facilitator: Associate Professor Damien Riggs (Social worker)

Damien W. Riggs is an Associate Professor in social work at Flinders University, and an Australian Research Council Future Fellow. He is the author of over 200 publications in the areas of gender/sexuality, family, and mental health, including "*Pink Herrings: Fantasy, Object Choice, and Sexuation*" (Karnac, 2015). Damien also works as a psychotherapist in private practice, where he specializes in working with young transgender people

