**Mental Health Bingo**

Try this ice breaker/welcome activity at your next meeting.

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| **Studied at \_\_\_** | **Works in the private sector** | **Occupation is a social worker, nurse, or psychiatrist** | **Has worked in mental health for less than one year** | **Has participated in an MHPN webinar** |
| **Currently does volunteer work** | **Works professionally with families** | **Has a pet** | **Participates in peer supervision** | **Is registered with Medicare as an Allied Health Professional provider** |
| **Receives professional supervision** | **Studied at UWA** | **Is currently studying** | **Works in the public sector** | **Works professionally with children** |
| **Exercises several times a week** |  | **Loves their job** | **Works professionally with older adults** | **Likes the colour pink** |
| **Has worked in mental health for over 10 years** | **Owns a copy of the DSM-5** | **Has trained in CBT** |  | **Studied at Uni** |