

If you watch or listen to a webinar recording you can claim continuing professional development, as a self-directed learning activity.

Complete and retain this form to help keep a record of your participation in the activity.

Webinar details

Webinar title	Grief, Loss, Older People and Mental Health: An interdisciplinary response <i>This webinar was part of the 2019 'Working Better Together' online conference.</i>
Duration	75 minutes
Predisposing activity time allocation	30 minutes (reading case study prior to watching or listening to the recording)
Learning objectives	<ul style="list-style-type: none"> describe the complex relationship between grief and loss, mental health and aging as well as the risk factors for and warning signs of mental illness in older persons experiencing grief and loss describe the challenges, merits and opportunities in evidence-based approaches deemed most effective in treating and supporting older people with mental health issues better target referrals for older people with mental health issues as a result of improved understanding of the role of different disciplines.

Your details

Your name:

Date viewed:

Identify up to three ways in which the webinar's learning objectives complement your own overall professional development goals.

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2.	
3.	

Mental Health Professionals' Network

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If you could benefit from building stronger relationships, improving referral pathways, sharing experiences and engaging in peer support – joining your local Mental Health Professionals' Network could be the answer.

What is an MHPN network?

A network consists of a group of practitioners who meet on a regular basis to discuss mental health issues important to their local community.

Network membership is voluntary and members often include; psychiatrists, GPs, psychologists, mental health nurses, occupational therapists, social workers, community health workers, counsellors and any other practitioner involved in delivering primary mental health care.

Networks can choose to focus on mental health issues generally or on an area of specific interest.

Specific interest areas are wide-ranging, and can include mental health and eating disorders, problem gambling, young people, diabetes, heart disease, as well as a range of others.

Two options to get involved

- > **Join a network in your local area.** Visit www.mhpn.org.au and use the [mental health network map](#) to see what networks are available in your area. Register to receive invitations to future meetings by clicking on Register for this network and providing your details.
- > **Start a new network.** If MHPN's [mental health network map](#) at www.mhpn.org.au indicates there isn't already a network in your area, it could be a great opportunity to start one. Even if there is already a network in your local area, you may like to consider starting one with a specific area of interest if you feel it would be relevant to local clinicians.

If you decide to start a network, MHPN's network establishment team will work with you to:

- > access funding
- > determine interest from practitioners in your area
- > promote meetings
- > advise about arranging meeting venue and catering.

Want more information? Contact MHPN

Visit www.mhpn.org.au to register for upcoming webinars
or watch more recordings.